

# Experience a Natural Switch Between Breast & Bottle

Developed from over 70 years of breastfeeding research, Pigeon SofTouch<sup>™</sup> is designed to facilitate a natural switch between breast and bottle by allowing the same natural sucking motion as when your baby drinks from the breast. Enjoy fuss-free feeding and a greater peace of mind.

## Pigeon SofTouch™ supports the 3 Steps of Baby's Natural Sucking Motion



## LATCHING ON

The lips open outward & latch on to the areola. <sup>S</sup>Small round cavity in the center of the upper jaw. Found only in babies.



#### PERISTALTIC TONGUE MOVEMENT (SUCKING)

"Wave-like" tongue movement squeezes the nipple & extracts milk.



## SWALLOWING

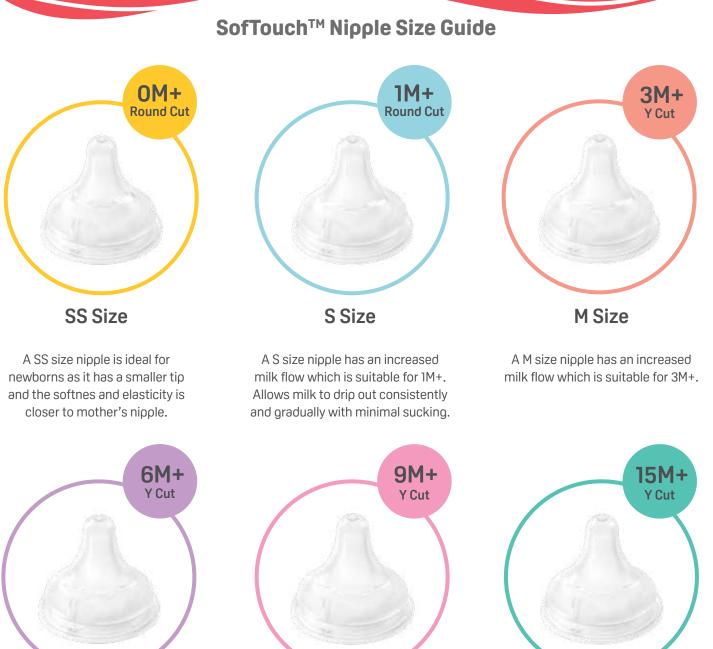
The back of the tongue rises, channeling milk into the esophagus.

The absence of any one of the above steps makes it difficult for baby to drink milk successfully.

# pigeon

# How To Choose The Right Nipple By Age: When to **Switch Nipple Sizes**

Each SofTouch<sup>™</sup> nipple size is designed with a unique shape, hole size and silicone hardness to provide a suitable milk flow in gentle increments to match your baby's development. Choose the right nipple size to match your baby's development by using the age recommendation as a guide.





A L size nipple has an increased milk flow which is suitable for 6M+. The opening of the nipple is slightly bigger than M size nipple to allow more milk to drip out.



A LL size nipple has an increased milk flow which is suitable for 9M+. The opening of the nipple is slightly bigger than L size nipple to allow more milk to drip out.



A LLL size nipple has an increased milk flow which is suitable for 15M+. Milk drips out when there's pressure on the nipple. This helps babies to control the flow of milk and train their sucking ability as babies at this age have developed a stronger jaw muscle.



# How to Choose the Right Nipple Flow Rate | Baby Feeding Guide

Remember that every baby develops at their own unique pace, so watch your baby's feeding cues to determine when to change nipple sizes.

#### **Too slow?** Signs Your Baby Needs a Faster Flow Rate:

- Your baby becomes fussy, impatient, or cries during feeding. Sometimes they may fall asleep from frustration when the milk flow is too slow.
- Your baby takes longer than 20 minutes to finish a bottle.
  Extended feeding times often indicate they're working too hard to extract milk from a slow-flow nipple.

### **Too fast?** Signs Your Baby Needs a Slower Flow Rate:

- Your baby chokes or gags during feeding.
- Your baby frequently has milk leaking from their mouth while feeding.

Month	Size	Hole Shape	Estimated Feeding Time
<b>0M+</b>	SS	Round Hole	About 10 mins for 50ml
1M+	S	Round Hole	About 10 mins for 100ml
3M+	Μ	Y-Cut	About 10 mins for 150ml
6M+	L	Y-Cut	About 10 mins for 200ml
9M+	LL	Y-Cut	About 5 mins for 200ml
15M+	LLL	Y-Cut	Adjust according to baby's drinking situation

#### SofTouch<sup>™</sup> Nipple Feeding Guideline Chart

### Nipple Replacement Guidelines:

- Replace nipples every 2 months for optimal safety and hygiene
- Rotate between 2 or more nipples during this period to prevent your baby from becoming too attached to a single nipple
- **Replace immediately** if you notice any signs of damage, weakness, discoloration, changes in shape & wear from biting
- Pay extra attention to nipple condition when your baby is teething.
  Inspect nipples before each use

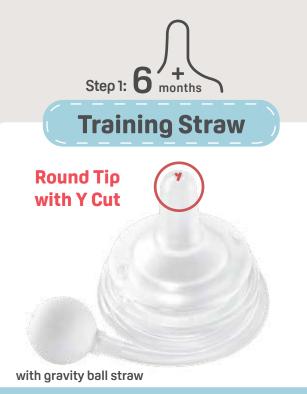
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# SofTouch<sup>™</sup> 2-Step Straw Set

## Develop baby's oral motor skills with progressive straws

Pigeon SofTouch<sup>™</sup> 2-Step Straw Set supports your baby's smooth transition from nursing to independent straw drinking. This straw set is compatible with all SofTouch<sup>™</sup> 240ml nursing bottles only.



Similar design to SofTouch<sup>™</sup> nipple so that your baby can practice natural lip closure and smoothly transition to a drinking straw with a familiar shape and touch.

Step 2: 12 months **Drinking Straw** Flat Tip with X Cut

SMOO H

TRANSITION

from Nursing to Weaning

with gravity ball straw

At this age, your baby is ready to increase their water intake. This straw helps to train baby's oral motor skills to suck from a drinking straw just as adults do.





One-piece design prevents detaching & for easy cleaning

